

# Horizon Housing Foundation

## Social Service Update 2016-2017

### Our Mission:

The Horizon Housing Foundation provides safe, affordable housing for families and seniors and supports them through programs that promote economic self-sufficiency and improve their quality of life.



# Horizon Housing Foundation

## Social Service Update December 15, 2016

Horizon is excited to be sponsoring several after school programs this fall, in our efforts to support the academic growth of our young residents and give kids a safe and fun place to go after school lets out. The Jamison Memorial After School Program at Cambridge Townhomes continues to be a great success, and is joined by programs at Etzel Place V and Stuart Parker Apartments as well as an intensive after school tutoring program at Providence at Cascade in Atlanta.

We are also continuing to grow our network of partnering organizations to better serve our residents. We have brought services from Oasis and Operation Food Search to several more properties this quarter, and we are piloting a partnership with the Urban League of St. Louis at one of our family communities. We have recently met with Ready Readers and Parents As Teachers in an effort to keep expanding our educational network.

All told, for the third quarter we approved 37 grants, with disbursements totaling \$78,968. Twenty-two of these grants focused on health & wellness, fifteen grants focused on education, and four grants focused on community-building initiatives. The next deadline for applications is December 20<sup>th</sup>, and this will represent our last funding cycle for this fiscal year. Funding for 4<sup>th</sup> quarter grants will begin on January 1<sup>st</sup>.

### 3<sup>rd</sup> Quarter Donations At-a-Glance:

<i>On-site After School Programs</i>	4	237	<i>Exercise Classes</i>
<i>New Books for Kids</i>	250	5	<i>Community Gardens</i>
<i>New Libraries</i>	1	30	<i>Health &amp; Wellness Classes</i>
<i>Computer Classes</i>	36	13	<i>Healthy Cooking Classes</i>
<i>Financial Education Classes</i>	3	24	<i>Healthcare Professional Visits</i>
<i>Community Events</i>	23	96	<i>Arts &amp; Crafts Classes</i>

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## Third Quarter Donation Summaries:

### **Allen Wilson III (Decatur, GA)**

Horizon is funding a community garden program for the families at Allen Wilson III. Instructors from the Wylde Center teach residents how to seed, plant, and harvest the garden, and then how to prepare nutritional meals from the plants that they grew. Horizon is also sponsoring computer education classes to teach residents basic computer skills and increase their self-sufficiency.

### **Ashleigh Place Apartments (Richmond Hill, GA)**

Horizon is continuing our support of Ashleigh Place's Resident Activities Program, which focuses this quarter on community events to increase socialization and connectedness around the holidays.

### **Betmar Village (Atlanta, GA)**

Horizon is supporting a multi-faceted approach to health for the senior residents at Betmar, including a series of Lunch & Learns about managing diabetes, a vision screening session, and even a dance competition to promote active living.

### **Cambridge Townhomes (Velda City, MO)**

Horizon is continuing to contract with Jamison Memorial Agency to provide a comprehensive after school program for the residents of Cambridge Townhomes. The program provides strong academic and cultural enrichment during six programming hours per week, as well as a safe and fun place for kids to go after school lets out.

### **Eads Square Apartments (St. Louis, MO)**

Horizon is continuing its sponsorship of computer education classes and an arts program for the senior residents of Eads Square. These initiatives will empower residents to manage their health and finances online, to stay connected to friends and family, and to enrich their personal lives and build community at the property.

### **Etzel Place V (St. Louis, MO)**

Horizon is supporting SLACO's comprehensive after school program for the children at Etzel Place V. The program supports the children's academic growth, as well as supporting their cultural development with activities such as twice weekly piano lessons.

### **Fairview Village (Jennings, MO)**

Horizon has brought Oasis to Fairview Village to implement the ExerStart program. ExerStart provides twice weekly exercise classes to help elderly residents get exercise and build active living into their daily lives.

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## **Grand South Senior (St. Louis, MO)**

Horizon is continuing its support of Grand South's health and wellness program, which includes services such as chair yoga classes, art therapy, massage therapy, and community gardening.

## **Green Gables Senior Living (Wentzville, MO)**

Horizon is continuing to fund the Comprehensive Wellness Program at Green Gables, facilitated by Premier Home Health. This program brings exercise classes, weekly nurse visits, social worker visits, and monthly educational speakers to the property to work with residents to improve their health and wellness.

## **Greystone Apartments (Rome, GA)**

Horizon is continuing its funding of the Art Alive program to serve the needs of Greystone residents with mental and/or physical disabilities as well as its elderly residents. The Art Alive program incorporates art therapy, art education, and social entrepreneurship to foster self-expression, develop social skills, decrease depression symptoms, and improve self-esteem.

## **House Springs Apartments (House Springs, MO)**

Horizon has funded the expansion of the property's community garden, in preparation for next spring's planting season. We are also sponsoring a community event to bring residents together around the holiday.

## **Idlewild Estates (Poplar Bluff, MO)**

Horizon is sponsoring Winter Wellness Baskets for the senior residents of Idlewild Estates, to support them with the basic necessities and comforts that are needed when finances are stretched thin by the holiday season. Horizon is also funding a community gathering, where these baskets will be distributed.

## **Katy Trail Estates (Clinton, MO)**

With Horizon's support, Katy Trail Estates' staff are bringing the Bright Futures program to the local elementary school that serves the property's residents. Horizon has also sponsored a community event to bring residents together around the holiday.

## **Martin Luther King Village (Kansas City, MO)**

Horizon is funding weekly exercise classes for the elderly residents at MLK Village, in order to help them engage with their health and lead healthy and active lives.

## **Oakwood Terrace Apartments (Princeton, MO)**

Horizon is sponsoring a series of health education classes for the elderly residents of Oakwood Manor, focused on managing diabetes.

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## **Oliver House (Decatur, GA)**

Horizon is continuing its support of the community garden at Oliver House. Instructors from the Wylde Center teach the elderly residents how to seed, plant, and harvest the garden, and then how to prepare nutritional meals from the plants that they grew. Horizon is also sponsoring on-site yoga classes to help residents improve their fitness and balance and age independently.

## **The Orchards Apartments (Kansas City, MO)**

Horizon is sponsoring a community event to bring residents together at the holiday. This event will also support families by providing winter hats and gloves as well as two new books to each child that attends.

## **Panola Gardens (Lithonia, GA)**

Horizon is continuing its support of Panola Gardens' multi-faceted health and wellness initiative for its senior residents. The initiative includes services such as fitness classes, healthcare clinician visits, and computer education classes, and will help residents to improve their health and age independently.

## **Parkland Manor (Austell, GA)**

Horizon is continuing its support of Parkland Manor's health and wellness program for its senior residents, in order to combat the health issues with which the community struggles. The property is hosting services such as fitness classes, yoga sessions, and health education workshops.

## **Parkwood Senior (Joplin, MO)**

Horizon is continuing the weekly chair yoga program for the senior residents at Parkwood Senior. The program has achieved consistently high participation rates and is helping residents to improve their health and quality of life.

## **Patriot Place (Columbia, MO)**

Horizon has partnered with the Columbia Housing Authority and the Columbia Center for Urban Agriculture to develop a community garden for the benefit of the veterans living at Patriot Place.

## **Princeton Manor (Trenton, MO)**

Horizon has brought Oasis to Princeton Manor to provide the Matter of Balance program to residents. Over eight classes, residents will learn about avoiding falls and aging independently.

## **Providence at Cascade (Atlanta, GA)**

Horizon is sponsoring an after school tutoring program for the school aged residents at the property. Tutoring services focus on reading and math, and maintain a 3:1 student to tutor ratio in order to insure high quality tutoring.

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## **Richardson Ridge Villas (Arnold, MO)**

Horizon is continuing its support of the chair yoga program at Richardson Ridge, to empower the senior residents to improve their fitness and balance and to age independently. In addition, Horizon is also sponsoring an arts and crafts course to help residents find social engagement and build community.

## **Ridgeway Villas (Raymore, MO)**

Horizon has funded a Home Alone child safety event at the property, as well as a community event to help new residents get to know each other and establish a sense of community at the property.

## **Rosie Shields Manor (Pagedale, MO)**

Horizon is providing a weekly coffee club and Post-Dispatch subscription to help residents stay connected to the community and to provide opportunities for socialization among neighbors.

## **Salvation Army Veterans Residence (St. Louis, MO)**

Horizon is continuing our support of the “Super Veterans” recognition program at the Veterans Residence, in order to encourage constructive habits and build a positive culture of recovery within the program. Horizon is also continuing to fund the monthly “Safe & Sober” activities to provide positive, structured alternatives for residents who are struggling with addiction.

## **Smith Senior Village (Richmond, MO)**

Horizon is continuing the fitness program for residents of Smith Senior. The program includes weekly exercise classes catered to the needs of older adults, with the purpose of helping residents to improve fitness and balance.

## **Spring Village Senior (Nevada, MO)**

Horizon has established an on-site library at Spring Village, assembling a collection of novels and books requested by the residents. The grant included a library celebration and luncheon event, which was well attended.

## **Stuart Parker Apartments with Paquin Tower (Columbia, MO)**

Horizon is partnering with the Columbia Housing Authority to support the Moving Ahead Program, which offers free and on-site after school programming for families living at the property.

## **Sycamore Hills Apartments (DeSoto, MO)**

With Horizon’s support, Sycamore Hills will be hosting a six-week Cooking Matters course led by Operation Food Search. The course uses a proven curriculum and hands-on lessons to teach about healthy cooking and eating. Horizon has also sponsored a community event to bring residents together around the holiday.

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## **Village Green Apartments (Cameron, MO)**

Horizon and Village Green are building on the success of the walking club from a previous grant by contracting a personal trainer to help residents develop individual fitness plans.

## **West Clay Senior Living (St. Charles, MO)**

Horizon is funding the Comprehensive Wellness Program at West Clay, facilitated by Premier Home Health. This program brings exercise classes, weekly nurse visits, and monthly educational speakers to the property to work with residents to improve their health and wellness.

## **Willow Creek Senior Apartments (Eldon, MO)**

Horizon is continuing to support and expand the health and wellness initiatives at Willow Creek Senior. The “Fun for Energy Seekers” fitness classes, the walking club, and the monthly health-focused Lunch & Learn events are continuing, along with the monthly craft events to help build social connection among residents.

### General Partner Properties:

## **Catalpa Tree Apartments- Senior (Savannah, MO)**

Every resident at Catalpa Tree has the option to receive a laptop on loan from Horizon. New and updated computers have been distributed. These laptops help to increase residents’ quality of life by making it possible for them to pay bills online and connect to family and friends.

Horizon is also continuing the monthly painting and craft classes. These classes have had high participation, and help residents to find social engagement and build community.

## **Cedar Tree Apartments- Family (Savannah, MO)**

Horizon is continuing to support the school-aged residents at Cedar Tree by helping them connect to meals programs, field trips, and other extracurricular activities.

## **Center Apartments- Senior (Chillicothe, MO)**

Every resident at Center has the option to receive a laptop on loan from Horizon. These laptops help to increase residents’ quality of life by making it possible for them to pay bills online and connect to family and friends. Horizon also provides monthly community meals and attendance prizes, and community donuts are available every Saturday.

## **Elmwood Estates- Family (Nevada, MO)**

Elmwood Estates has been continuing its “Story Time” program every Wednesday after school. Kids from the property take turns reading, and then all participants have the opportunity to check out books from the on-site library. Horizon also sponsors gift cards as rewards for good grades.

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## Ongoing Partnerships:

**LinkSTL:** LinkSTL is a new nonprofit organization within the Hyde Park neighborhood, and Horizon is partnering with this group to help connect our tenants to local services.

**PCCI:** Project Community Connections, Inc. (PCCI) is a nonprofit located in Atlanta, Georgia, specializing in housing and social services. PCCI is wrapping up their year of services at Commons at Imperial in Atlanta, and we are exploring transitioning their services to another property in the Atlanta area.

**OASIS:** OASIS is a national nonprofit that works to help older adults with healthy aging and social and community involvement. Horizon has worked with OASIS to bring their evidence-based health and exercise programs to several of our elderly properties.

**Operation Food Search:** Operation Food Search is a food bank and food outreach organization based in St. Louis. Horizon has partnered with them on their mobile summer meals program and to bring healthy cooking classes to some of our properties

**Urban League:** Horizon is piloting a partnership with the Urban League of St. Louis to connect our residents directly to Urban League programs on an individual level. We are trying this at Union Sarah Apartments in St. Louis, and are beginning to assess results.

## Scholarships:

*College Scholarships:* Horizon continues to partner with the Scholarship Foundation to provide college scholarships for our residents in the St. Louis area. The Scholarship Foundation will soon be reviewing applicants for the spring semester. Additionally, Horizon extends scholarship opportunities to our residents in rural Missouri and in Georgia.

*High School Scholarships:* Horizon has partnered with Cardinal Ritter College Preparatory High School to assist up to four students with partial tuition toward Cardinal Ritter annually.

*Elementary and Middle School Scholarships:* Horizon is now partnering with Most Holy Trinity Catholic School and Academy to offer up to four scholarships to cover partial tuition for elementary and middle school students to attend this school.

## Additional Donations:

**Carondelet Community Betterment:** Horizon donated funds for this 501c3 to assist in housing restoration in the Carondelet neighborhood.

**Father Bob's Outreach:** Horizon contributed funds to support the Utility Assistance Program at Father Bob's Outreach in St. Louis. Horizon's donation supported ten low-income residents in making their utility payments.

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**Jennings School District:** To support the creation of Hope House (a residence for homeless students in the Jennings School District), Horizon has purchased laptop computers for the house. Students will be able to use these computers to complete homework, search for resources, and stay connected to family and friends.

**Special Needs Soccer Association:** Horizon has made a donation to support SPENSA, the Special Needs Soccer Association. SPENSA is a St. Louis area nonprofit that offers weekend soccer clinics for children with mental and physical challenges.

**St. Anthony's Food Pantry:** Horizon has made a donation to support St. Anthony's Food Pantry in Dutchtown, which provides nutritious meals at no cost to low-income residents in the neighborhood.